

MANNING PROVINCIAL PARK

- WILDLIFE AND MOUNTAIN VISTAS -



ABOUT THE PARK

Located just 2 hours from Vancouver, E.C. Manning Provincial Park protects over 70,844 hectares of wilderness in the heart of British Columbia's Cascade Mountains. Moving west to east through the park, the climate transitions dramatically from old growth coastal rainforest which receives over 200 cm of precipitation per year, to semi-arid ponderosa pine forest and grassland; the latter receiving a mere 40 cm. The low-lying valleys throughout the western portions of the park (660m at the lowest point) rise up to high mountain peaks; topping out at Mount Frosty's 2400m summit. As a result, the park boasts an incredible diversity of flora and fauna. An impressive 206 species of birds and 63 species of mammals have been recorded within the park boundaries. A few highlights include Canada Lynx, Cougars, Black Bears, a small population of Grizzly Bears, Moose and the critically endangered Northern Spotted Owl. The park's plant life also presents much interest. Nowhere else in the country do California rhododendrons grow wild. A plethora of other wildflowers such as indian paintbrush and lupine, intersperse the landscape with vibrant colour throughout the spring and summer months.

Established in 1941, the park was named in memory of Ernest Callaway Manning, Chief Forester of British Columbia from 1936 to 1941. Since then, a 300km network of hiking trails have been built, allowing outdoor recreationalists access to otherwise remote regions of the park. Canoeing, kayaking and swimming on Lightning Lake is a popular pastime for those visiting during the summertime. The winter months attract nordic and downhill skiers, snowshoers and the like, many of which stay at the park's quaint, low capacity resort.

Taking into account the breathtaking scenery, presence of charismatic wildlife and close proximity to Vancouver, the park remains relatively quiet, retaining it's authentically wild atmosphere.



WHAT TO EXPECT

We'll start each day at (5:00am) photographing sunrise at the top of Mount Blackwall; easily accessible by road and only 16km from Manning Park Lodge. Expansive subalpine meadows with some of the province's best displays of wildflowers will be our main target. 360 degree vistas of the North Cascades provide stunning backdrops.



After we complete our sunrise shoot, we'll shift our attention to wildlife. During the morning hours, the roads seldom see more than a few vehicles, providing us the best possibilities to locate and photograph the area's wildlife. Using our extensive knowledge of the area and the habits of the animals, we'll travel by car along the park's roads. Animals often seen in the park are: *Mule Deer*, *Black Bear*, *Snowshoe Hare*, *Yellow-bellied Marmot*, *American Pika*, *Yellow-pine Chipmunk*, *Cascade Golden-mantled Ground Squirrel* and *Columbian Ground Squirrel*. We've also seen and photographed *Pine Marten*, *Canada Lynx* and *Moose* in the areas we'll be frequenting.



Many interesting species of birds are prevalent in Manning Park as well. We'll be on the lookout for the extraordinary *Sooty Grouse* displaying in the early morning hours. Charismatic *Clark's Nutcrackers* are easily photographed throughout the park, even landing on one's hand to enjoy a tasty morsel. *Pine Grosbeaks*, *Boreal Chickadees*, *Gray Jays*, *Common Ravens*, *Common Loons* are among the other interesting species seen on any given day. Macro possibilities also present themselves with a host of wildflowers throughout the park.



The ability to hike 2km on non-technical, relatively flat hiking trails will benefit you but is not a requirement for this workshop. General good health and moderate fitness will make for a more comfortable experience as at times, we will be photographing at elevations up to 2,000m (6,550 ft).

Cost includes...

Three full days of in-the-field photographic instruction, post processing instruction and presentations and transportation within the park while photographing.

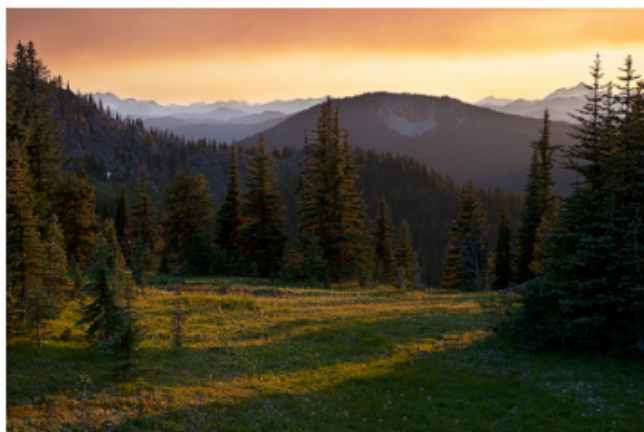
Cost does not include...

Transportation to and from Manning Provincial from your place of origin, food and beverages (excluding water while photographing), lodging and camping, wireless internet at Manning Park Lodge.

A private room inside the lodge will be available to us during the mid day hours when the light isn't as desirable for photography. Here we will browse our images and go over post processing techniques to help you take your photographs to the next level.



The evening will be spent photographing wildlife; slowly making our way towards subalpine meadows where we will photograph sunset (9:00pm). If the weather conditions allow, we'll also be offering optional star photography sessions.



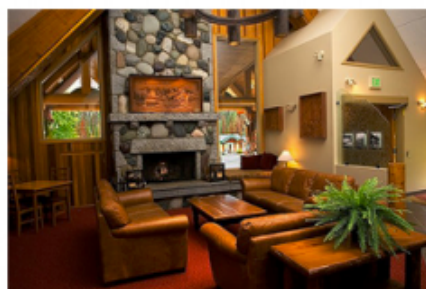
| 5am | 6am | 7am | 8am | 9am | 10am | 11am | Noon | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | Midnight |
|--|-----|-----|-----|-----|------|--|------|-----|-----|---|-----|-----|-----|---|-----|-----|------|------|----------|
| Meet at 5am in lodge lobby. In the field photography will commence at 10am | | | | | | Three hours of free time from 11am-2pm | | | | You're welcome to join for dinner at the lodge from 4:30-5:30pm | | | | Optional night time/star photography session from dusk until midnight | | | | | |
| | | | | | | You're welcome to join for brunch at the lodge restaurant from 10-11am | | | | Meet in the presentation room for post processing and/or slideshows | | | | In the field photography from 5:30-9pm | | | | | |

ACCOMODATIONS AND AMMENITIES

Where to stay?

Manning Park Resort:

Manning Park Resort provides space for a little under 500 occupants with a variety of room options. Luxuries such as a heated saltwater pool, sauna, steam room, a fireside lounge and wireless internet ensure a comfortable stay. Cell service is not available anywhere in the park.



Suites start at approximately \$115.00 CDN per night. We would advise booking well in advance to ensure availability as summer is their busiest season. More details regarding room options and pricing can be accessed at the following link:

<https://www.manningpark.com/?q=node/24>

Or, call: 1-604-668-5922 (locally) or, 1-800-330-3321 (toll free)

Camping:

Manning Provincial Park offers 350 campsites at a number of different grounds spread throughout. Prices range from \$21.00 to \$28.00 CDN per night. Each site has a fire pit, table, tent pad and a vehicle pullout. Lightning Lake has large washrooms with hot showers. Lightning Lake campground requires reservations whereas all others are 50% reservable and 50% first come first served. We recommend reserving a site as the summer months can be busy. Lightning Lake and Cold Spring campgrounds are closest to our daily meetup point. However, all are within a very short drive.



For more information and to make reservations visit the following link:

<https://secure.camis.com/DiscoverCamping/E.C.Manning?List>

Or, phone this number: [1-800-689-9025](tel:1-800-689-9025)

Where to eat?

Attached to the Manning Park Lodge is Pinewoods Restaurant, open daily from 7:00am to 8:30pm. Additionally, a small bistro is also open from 8:30am until 3:30pm. The Country Store, also conveniently located at the lodge, offers snacks, basic groceries, beer and wine, as well as souvenirs.



Depending on your direction of travel towards the park, the nearest sizeable towns are Hope to the west and Princeton to the east. Both towns offer full size grocery stores if you'd prefer to stock up and make your own meals during the workshop. Given our unconventional meal times, designed to maximize our photographic success, we advise you to purchase snacks such as energy bars, fruit, juice and other energy-rich, on-the-go food such as trail mix.



WHY CHOOSE US

We have the experience...

Collectively, we have 15 years of experience photographing nature. Both of our backgrounds in biology have led to an in-depth understanding of the subjects in which we photograph and in turn, better images. Growing up only two hours from Manning Provincial Park, we have travelled extensively here over the course of several years for the purpose of nature photography.

Connor has lead private workshops throughout British Columbia. Jess has guided bird and nature photography tours and workshops throughout Alaska, BC and Ecuador.

"...Connor, in addition to being generous with his technical advice and time, is inspiring to and supportive of his client's efforts. He coaches you on different approaches to photographing classical wildlife subjects, with a view to creating images which are original and engaging..."
- Chantelle, Victoria BC

"...Over the years I have been with numerous guides all over the world and can say with confidence that Jess is one of the hardest working pros in the field. He has incredible energy and works relentlessly all day, not only to find birds and other photo opportunities but will then help you to take great photographs..."
- Shoaib, Oregon USA

Our images have been recognized...

We've both been awarded in the most prestigious nature photography competitions in the world. Nature's Best Photography Awards and BBC Wildlife Photographer of the Year are among their highest honours.

More personal instruction...

Two instructors and a small group size will allow us to attend to all your needs; photographic and otherwise. Your photographic success is paramount. Our time is dedicated to the primary focus of helping you achieve the best possible photographs.

Capture unique images...

Known for our unique, eye-catching images, we can help hone your photographic eye. This workshop highlights important elements of both wildlife and landscape photography, providing the know-how to create stunning imagery that stands out amongst the crowd.



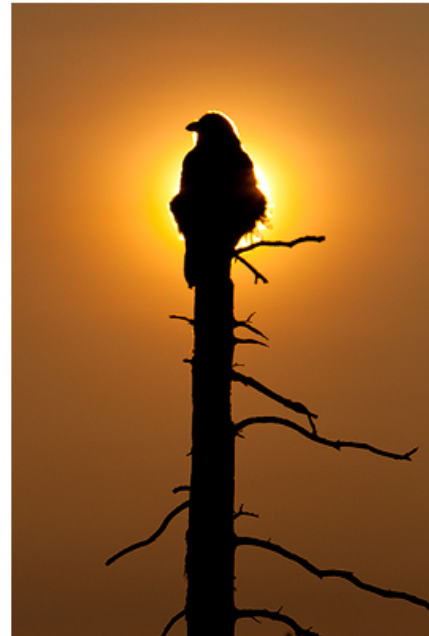
WHAT TO BRING

Suggested Photography Gear:

- Digital SLR
- Lenses | Wide Angle (16-35mm, 18-55mm),
Mid-range Telephoto (70-200mm, 70-300mm)
Super Telephoto (300mm or larger)
- Flash
- Tripod
- Polarizing filter
- Cable release or wireless shutter remote
- Air blower (example: Giottos Rocket Blaster)
- microfibre cloth
- Bag to carry all of the above in the field
- Laptop for post processing lessons (optional)

Suggested clothing and footwear:

- Pants & Shorts
* Quick-dry pants that zip apart and become shorts are recommended *
- Bathing suit (If you wish to swim in the pool and/or lake)
- Short-sleeved shirt & light-weight long sleeved shirt
- Warm upper layer
- Rain jacket and rain pants
- Running shoes
- Hiking boots. A mid-cut Gore-Tex hiker (example: Merrell Moab GTX is the ideal shoe for this workshop)
- Hiking socks
- Hiking underwear
- Hat for the sun & a toque/knit hat (for optional night time star photography in the alpine)
- Thin gloves for possible insects and chilly weather in the late evening (example: Under Armour HeatGear Liner Glove)
- Sunglasses
- Bug net hat or shirt
- Towel, (for those who wish to swim)



Other suggested items

- Sunblock
- Water bottle
- Lip balm
- Binoculars
- Extra batteries for all electronic devices
- Headlamp or flashlight (especially recommended if you're interested in partaking in the star/night photography portion of the workshop)

HOW TO GET THERE

Manning Provincial Park lies just over two hours from Vancouver, British Columbia. The following directions begin from Vancouver International Airport (YVR)...

Get on BC-99 S from Grant McConachie Way W and Sea Island Way. In 5.5km, take BC-17 and Trans-Canada Hwy, in 164km exit at 177 to Crowsnest Hwy/BC-3 E. In 55km, turn right into the Manning Park Lodge parking lot.



WE HOPE YOU CAN JOIN US IN
BEAUTIFUL MANNING PROVINCIAL PARK

